

SHS CAFÉ MENU  
OCTOBER, 2019

TUESDAY 1	Boneless chicken wings, BBQ or S&S sauce, cheese stick, Applesauce
WEDNESDAY 2	Cheese Quesadilla, salsa, pretzels, fruit cup
THURSDAY 3	Crispy chicken patty on roll, L&T, chips, peaches
FRIDAY 4	Hot dog on roll, nacho chips & cheese, apple
MONDAY 7	Big Daddy pizza w/hamburg & sausage, carrots w/Ranch Dressing, mandarin oranges
TUESDAY 8	Taco boat, meat, L&T, cheese, chocolate pudding, apple
WEDNESDAY 9	Chicken Quesadilla, salsa, pineapple, mini Rice Krispie treat
THURSDAY 10	Chicken tenders, tator tots, coleslaw, fruit
FRIDAY 11	Popcorn chicken, BBQ or S&S sauce, baked beans, apple
MONDAY 14	NO SCHOOL
TUESDAY 15	Buffalo chicken pizza, cucumber slices with dip, pears
WEDNESDAY 16	Cheese Quesadilla, salsa, <del>cheese stick</del> , fruit, pretzels
THURSDAY 17	Chicken nuggets, hash brown rounds, cheese stick, applesauce
FRIDAY 18	Spicy chicken patty on roll, pickles, chips, apple
MONDAY 21	Big Daddy pizza w/ hamburger & pepperoni, corn, mandarin orange
TUESDAY 22	Ziti with sauce, meatballs, bread stix, yogurt cup
WEDNESDAY 23	Chicken Quesadilla, salsa, Fritos, fruit, chocolate pudding
THURSDAY 24	Mozzarella sticks, marinara sauce, peaches, mini Rice Krispie treat
FRIDAY 25	NO SCHOOL
MONDAY 28	Buffalo chicken pizza, broccoli, applesauce
TUESDAY 29	Chicken tenders, mashed potatoes, gravy, fruit
WEDNESDAY 30	Cheese Quesadilla, salsa, mini Goldfish, yogurt
THURSDAY 31	Meatball grinder, shredded cheese, chips, pears