

National Helplines

211- 24 hr. Emergency & Community Resource Hotline

Al-Anon CT- 1-888-825-2666

Alcoholics Anonymous - (800) 530-9511, (866) 783-7712 (CT)

Child Abuse Hotline - (800) 422-4453

Substance Abuse & Mental Health Services - (800) 662-4357

Marijuana Anonymous - (800) 766-6779

National Eating Disorders- (800) 931-2237

National Adolescent Suicide Hotline (800) 784-2433

National Runaway Hotline - (800) 621-4000

National Youth Crisis Hotline - (800) 442-HOPE (4673)

Pet Loss Support Hotline - (866) 266-8635

National Sexual Assault/Rape Crisis (800) 656-HOPE (4673)

Planned Parenthood - (800) 230-PLAN (7526)

Stop It Now - (888) PREVENT (773-8368)

**The Trevor Project - (866) 488-7386
hotline for gay and questioning youth
Services: GLBT support groups and services, HIV counseling/testing, STD diagnosis/treatment**



"Our commitment to the future"

Somers High School Counseling Resources & Hotlines

Somers High School
#5 Vision Blvd.
Somers, CT 06071
(860) 749-2270

Counseling Agencies & Resources

Community Health Resources

www.chrhealth.org

-Enfield, CT 06082

(860) 253-5020

-Manchester, CT 06040

(860) 646- 3888

Services: child & adolescent outpatient mental health services

Dept. of Children & Families - State of CT

505 Hudson Street

Hartford, CT 06106

(800) 550-6300

www.ct.gov/dcf

Services: suspected child abuse & neglect and voluntary services

Hours: 24 hours / 7 days

Hartford Juvenile Clerks Office

920 Broad Street

Hartford, CT 06106

(860) 244-7900

www.jud.ct.gov

Services: children under 16; run away, beyond control of parent/guardian, engaged in immoral or indecent conduct, truancy, overly defiant with school rules

Hartford Gay & Lesbian Health Collective

1841 Broad Street

Hartford, CT 06114

(860) 278-4163

Email: info@hglhc.org

www.hglhc.org

December 2016

Institute of Living

200 Retreat Avenue
Hartford, CT 06106
(860) 545-7200 (assessment center)

www.instituteofliving.org

Services: adolescent counseling, assessments, evaluations, group/family therapy, psychopharmacology

Planned Parenthood of Connecticut - Enfield

76 Palomba Drive
Enfield, CT 06082
(860) 741-2197

www.plannedparenthood.org

Services: pregnancy counseling

Walk in hours: M-F 8:30am-6pm, Sat 8:30am-12pm (up to 1 hr before closing)

YWCA - Sexual Assault Crisis Service

19 Franklin Square

New Britain, CT 06051

(860) 547-1022 (Greater Hartford hotline)

1-888-999-5455 (24 hour hotline)

Services: 24-hour hotline for victims of sexual assault, victim support, education, & medical/legal information

Therapists/Psychiatrists*Therapeutic Connections*

Jen Gorman and Beth Honey

139 Hazard Ave

Enfield, CT

(860) 863-4210

Therapeutic Connections

Trey Cushman

264 North Main St. #13

East Longmeadow, MA

(413) 525-1711

Wesley Vincent, Ph.D.

Enfield, CT

(860) 763-4465

*ADD

Joseph Constanzo

Clinical Psychologist

Hampden, MA

(413) 566-8503

Rob Robinson, Ph.D.

Martha Woodard, PhD.

Wilbraham, MA

(413) 596-6922

West Meadow Counseling

Rebecca Turgeon, Mark Napiello, Ruthie

Lynch, Leah Bell, Ashley Nadeau

Ellington, CT

(860) 454-0520

Attachment and Trauma Specialists

<http://www.projecthopeful.org/wp-content/uploads/2016/06/attachmentlisting.pdf>

Richard Beauvais Wellspring-21 Arch Bridge

Road PO Box 370 Bethlehem, CT 06751 203-

266-8000 www.wellspring.org

info@wellspring.org

Moses Farrow

Lisa Greenleaf-Greenleaf Therapeutic

Practice, LLC 214 Amity Road

Woodbridge, CT 06525 203-980-0511

Greenleaf.lisa@gmail.com

Ilene Grueneberg-200 A Oak St. Glastonbury,

CT 06033 860-657-8868 ilene4kids@aol.com

Klingberg Family Services -157 Charteroak

Ave. Hartford, CT 06106 860-243-4416

www.klingberg.com davidl@klingberg.com

Paul Kozodoy -Call for an appointment 451

State Street, Suite A, #4 North Haven, CT
06473 203-530-2053

Paulk.therapist@yahoo.com

Kathy Legare-Family Affirmation Center for
Treatment, LLC 281 Hartford Turnpike, Suite

Vernon, CT 06066 860-896-5331

www.factct.net Karen@factct.net

Michael B. Pines, Ph.D. -41c New London

Turnpike # Glastonbury, CT 06033-4209

860-659-0579

Fax: 860-659-0570

drmichaelpines@gmail.com

Jodi Devine- 30 Ripley Street Wilbraham, MA

01095 413-313-1071

Sebern F. Fisher-34 Elizabeth Street

Northampton, MA 01060 413-586-4230

Blake Fisher-Scyocurka-16 Center St. Suite

301, North Hampton, MA 01060 413-589-

9447 www.advancedbrainplay.com

blakefisher1@yahoo.com

Manfred Melcher, LICSW-116 Pleasant St.

suite 334 Easthampton, MA 01027 413-230-

7131 <http://manfredmelcher.com>

Nora Schwartz-Martin, MD-24 South

Prospect Suite 9, Amherst, MA 01002

413- 253-2575